

***James L. Mulcahey Middle School  
Good Grief Group  
Adolescent Bereavement Support Group***

Dear Parent:

Sadly enough it appears many of our Mulcahey students have had loved ones (whether they be family or close friends) who have died in the past years. Many parents have talked with us about them. In response, I will be implementing an adolescent bereavement group called the Good Grief Group (GGG) based on the Good Grief Program out of Judge Baker Children's Center-Boston developed by Sandra Fox. It is a wonderful bereavement concept where all Mulcahey students can learn more about death, express feelings, deal with grief, and find ways to cope with changes resulting from the death of a loved one.

The group is open to all Mulcahey students who have lost family or close friends no matter how recent or long ago and who feel comfortable to attend. I complete a bereavement assessment of all students referred. If you want your child to join GGG, please complete this permission slip.

GGG dates will be posted and announced and we will meet approximately every other week in the morning. I also have additional information on local bereavement programs (individual, group, family, children, parents/siblings, widows and holiday groups). I have many bereavement resources available so if you or your family needs further information please contact me. These programs are free and open to the community. As we all know, learning to live without a loved one is never easy and the grieving process can be especially difficult and lonely. Can you imagine what it's like for children?

Thank you for your support. Christel Torres and administration support the implementation of the GGG program and I feel it's so important to meet the needs of our grieving students. Any questions do not hesitate to contact me.

Take Care,

Dr. Jody S. Persons  
School Adjustment Counselor  
Mulcahey School (M-W-F)

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I give my child, \_\_\_\_\_, permission to attend the Good Grief Group at Mulcahey School.

Parent signature \_\_\_\_\_

Date: \_\_\_\_\_